Caries Severity of Primary Teeth among Kindergarten Children in Mosul City Using International Caries Detection and Assessment System

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الخلاصة

الأهداف: تمدف الدراسة الى تقيم حدة تسوس الأسنان و علاقته مع عوامل عديدة مثل مستوى تعليم و دخل الأسرة و مراجعة طبيب الأسنان ... الخ بالاعتماد على النظام الدولي لكشف و تقييم تسوس الأسنان اللبنية لأطفال الروضة في مدينة الموصل. المواد و طرائق البحث: اختيرت العينة عشوائيا من (8) روضات من مدينة الموصل و كان حجم العينة (219) طفل (120 ذكر و 99 أنثى) تراوحت أعمارهم بين (3-6) سنوات. العوامل التي توثر على حدة تسوس الأسنان شملت مستوى تعليم و دخل الأسرة و مراجعة طبيب الأسنان ونوع العلاج الذي تم اجراءه و تنظيف الأسنان بالفرشاة و المعجون. استخدمت في البحث الدالة تسوس و قلع و حشوه الأسنان اللبنية (dmft) و تم أيضا قياس نسبة الأسنان الخالية من التسوس لدى الأطفال. تم قياس حدة تسوس الأسنان بالاعتماد على النظام الدولي لكشف وتقييم تسوس الأسنان اللبنية. النتائج ان للعوامل المذكورة سابقا تأثير على زيادة او نقصان تسوس الأسنان أما امعنويا او غير معنويا .الاستنتاج: الوقاية من تسوس الأسنان يتطلب مجهود كبير خاصة ان هذه الفئة العمرية لديها نسبة عالية من الأسنان المتسوسة بحاجة الى علاج فوري.

ABSTRACT

Aims: To assess the severity of dental caries and its relation to risk factors such as parents' education, income level, demographic variables, dental attendance....etc using the International Caries Detection and Assessment System on the primary teeth of kindergarten children in Mosul City Center. Materials and Methods: The study sample was randomly selected from (8) kindergarten in Mosul City. The sample size was (219) child (120 males and 99 females), their ages ranged between (3-6) years. Risk factors considered on caries severity included parent's income level, parent's education, visiting the dentist, types of dental treatment performed and brushing behavior. dmft and the percentage of caries free students were also considered. Caries severity was measured using International Caries Detection and Assessment System. Results: These factors have an effect to increase or decrease caries severity either significantly or not significantly. Conclusion: considerable efforts are required in prevention of dental caries in these children. There is a lot of untreated caries, which needs immediate attention. Key words: caries severity, dmft, kindergarten, ICDAS.

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INTRODUCTION

Dental caries is one of the most common oral diseases, it is a major problem in dentistry and should receive significant attention from restorative and preventive stand point. (1) It is usually starts and progresses at young age. However, caries experience for primary dentition was decreasing with increasing age, This may be attributed to exfoliation of the primary teeth at older age. (2,3)

There is a strong association between low income and education on the one hand and a higher mortality and morbidity of the teeth on the other. Young children from poorer social backgrounds have

higher caries levels. Yet in some developing countries, children from higher socioeconomic levels have higher caries experience in primary teeth. This has been attributed to the reason of consuming more refined sugar and cariogenic food than other individuals. 6

Information regarding non cavitated carious lesion in young children provide important additional components of understanding the carious process. Several studies of dental caries in the world have not recorded non cavitated carious lesions in primary teeth. Further, caries preventive programs usually start in schools with 6-years-old or older. A survey of the early

stages of caries development is necessary to set up an appropriate preventive program for children. Hence, this study is focused on non cavitated and cavitated carious lesion, and will assess the prevalence, severity of dental caries and its relation to risk factors such as parents education, income level, demographic variables (such as age, gender), dental attendance....etc using the International Caries Detection and Assessment System on the primary teeth of kindergarten children aged 3-6 years in Mosul City center.

MATERIALS AND METHODS

The study sample was randomly selected from (8) kindergarten in Mosul City. The sample size was (219) child (120 males and 99 females), their ages ranged between (3-6) years, so that all the deciduous teeth can be examined before their normal exfoliation time. Risk indicators were coded as follow:

- 1. Demographic variables; age and sex: Group 1: (3-4) years old (males and females); Group 2: (4-5) years old (males and females) and Group 3: (5-6) years old (males and females).
- 2. Family income monthly in Dinars: Group 1: (<250000); Group 2: (<500000); Group 3(<1000000) and Group 4: (>1000000).
 - 3. Parent's education: Group 1: (Prima-

- ry school); Group 2: (Secondary School); Group 3: (College) and Group 4: (High education).
- 4. Last dental visit: Group 1: (Have previous dental attendance) and Group 2: (Did not have previous dental attendance).
- 5. Reason of dental visit: Group 1: (Pain / treatment); Group 2: (Prevention); Group 3: (Restoration) and Group 4: (Extraction).
- 6. Teeth brushing: Group 1: (Brush their teeth) and Group 2: (Do not brush their teeth). The (brushing) group was subdivided into (infrequent brushing), (once daily) and (twice daily and more).

A questionnaires related to the previous information were distributed to the children and were completed by their parents. For each factor groups, all children's teeth were examined for the presence and severity of dental caries on the deciduous teeth. Children who had exfoliated anterior teeth were excluded from the study. Dental examination was carried out under natural day light. Instruments used were plane mouth mirror, air syringes, sharp probes to check for surface discontinuity, saliva ejector, cotton and disinfectant solution. Both primary carious lesion (non cavitated) and cavitated lesions were examined. The criteria followed for caries severity of International Caries Detection and Assessment System. (8)

Code	Description
0	Sound tooth surface
1	First visual change in enamel. When seen wet, there is no evidence of any change in color attributable to carious activity, but after air drying for 5 seconds a carious opacity is visible
2	Distinct visual change in enamel, there is a carious opacity or discoloration that is not consistent with the clinical appearance of sound enamel. This lesion may be seen directly when viewed from the buccal or lingual direction. When viewed from occlusal direction, this discoloration may be seen as a shadow confined to enamel.
3	Initial brake down in enamel due to caries with no visible dentin. Once dried for 5 seconds, there is a distinct loss of enamel integrity, viewed from the buccal or lingual direction.
4	Non cavitated surface with underlying dark shadow from dentin. This lesion appears as a shadow of discolored dentin visible through an apparently intact marginal ridge, buccal or lingual walls of enamel.
5	Distinct cavity with visible dentin. Cavitation if opaque or discolored enamel with exposed dentin in the examiner's judgment.
6	Extensive distinct cavity with visible dentin. Obvious loss of tooth structure, the extensive cavity may be deep or wide and dentin is clearly visible on both the walls and at the base.

Analysis of the data included calculation of percentage, Spearman's correlation coefficient.

RESULTS

Table (1) shows the distribution of the children according to age and gender.

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Lable (I). I lictribilition	of the children	according to	age and gender
Table (1): Distribution	of the children	according to	age and genuel.

Age group		M	ales	fem	ales	Total	
		No. %		No.	%	No.	%
2.4	No.	33	55.93	26	44.07	59	100
3-4 year	%	27.5		26.26		26.94	
1 5 yeen	No.	39	52.7	35	47.3	74	100
4-5 year	%	32.5		35.35		33.79	
5-6 year	No.	48	55.81	38	44.19	86	100
3-0 year	%	40		38.39		39.27	
T-4-1	No.	120	54.79	99	45.21	219	100
Total	%	100		100		100	

Table (2) and figure (1) show the relation between gender and dental caries severity for all age groups. It is clear from the table that there were a slight gender differences in the mean dmft scores. This mean was slightly larger for females (4.22)

than males (4.12) at age group (4-5y) but the opposite was true regarding the other age groups. Spearman's correlation between gender and caries severity was only significant with (d2) at 0.05 level.

Table (2): ICDAS gender differences.

		1 abic	(2). ICD/10	gender	difference	C B.			
Age / sex	No.	dmft	No.&%	d 1	d 2	d 3	d 4	d 5	d 6
3-4 y /	33	2.42	No.	4	18	23	14	13	3
males	33	2.72	%	5.33	24	30.67	18.67	17.33	4
3-4 y /	26	2.11	No.	2	12	22	8	7	1
females	26	2.11	%	3.85	23.08	42.31	15.38	13.46	1.92
4-5 y /	20	4.10	No.	3	17	38	27	54	6
males	39	4.12	%	2.07	11.72	26.21	18.62	37.24	4.14
4-5 y /	35	4.22	No.	2	14	37	24	51	5
females	33		%	1.5	10.53	27.82	18.05	38.34	3.76
5-6 y /	48	5.27	No.	2	17	30	52	88	43
males	40	3.27	%	0.86	7.33	12.93	22.41	37.93	18.54
5-6 y /	20	_	No.	2	8	16	40	70	38
females	38	5	%	1.15	4.6	9.2	22.99	40.23	21.83
Spearman's correlation be-		corr	elation	0.693	0.891*	0.488	0.293	0.293	0.293
tween sex and ca	aries sever-		p	0.127	0.017	0.326	0.573	0.573	0.573
ity			No.	6	6	6	6	6	6

^{*} correlation is significant at the 0.05 level; dmft: decayed, missing and filled teeth; d1, d2, d3, d4. d5 and d6: caries severity

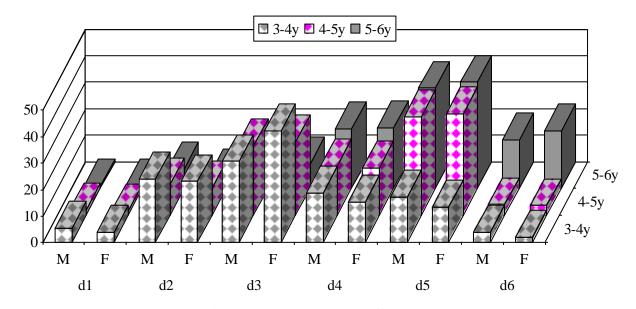


Figure (1): ICDAS gender differences. M: males; F: females; d1, d2, d3, d4. d5 and d6: caries severity

Table (3) shows ICDAS among age groups. For group (3-4y), most of the children (35.43%) were affected by (d3) caries severity followed by (d2) (23.62%), and then (d4) (17.33%). (d6) severity was presented in small percent (3.15%). For age groups (4-5y) and (5-6y), (d5) severity was found in higher percent (37.77% and 38.91% respectively) followed by (d3)

(26.98%) for age group (4-5y) and (d4) (22.66%) for age group (5-6y). (d1) severity was found in a very small percent (1.8%) for age group (4-5y) and (0.99%) for age group (5-6y). Spearman's correlation between age and caries severity was significant with (d1, d4, d5 and d6) at 0.001 level but not significant with (d2 and d3).

Table (3): ICDAS among age groups.

			Table (.	<i>5).</i> ICD/15	among a	ge group	75.		
Age	No.	dmft	No.&%	d 1	d 2	d 3	d 4	d 5	d 6
3-4 y	50	2.29	No.	6	30	45	22	20	4
	59	2.28	%	4.72	23.62	35.43	17.33	15.75	3.15
4-5 y	74	4 17	No.	5	31	75	51	105	11
	74	4.17	%	1.8	11.15	26.98	18.35	37.77	3.95
5-6 y	06	5 1 5	No.	4	25	46	92	158	81
•	86	5.15	%	0.99	6.16	11.33	22.66	38.91	19.95
Spearman's correlation		correlation	1.000**	0.500	0.500	1.000**	1.000**	1.000**	
betweer	_		p	0.000	0.667	0.667	0.000	0.000	0.000
i	severity		No.	3	3	3	3	3	3

^{**} correlation is significant at the 0.01 level; dmft: decayed, missing and filled teeth; d1, d2, d3, d4. d5 and d6: caries severity

Regarding the relation between the level of parent's income and severity of dental caries (Table 4), for children with low income level (<250000) of their parents, (d3) presented in larger percent (30.86%) followed by (d5) (28.4%) with small percent of (d1) (2.47%). For the other three groups, (d5) severity was the most

prominent (29.65%, 37.94% and 36.7% respectively) and small percent of (d1) (1.74%, 1.76% and 1.83% respectively). (d6) severity increased by increasing parent's income level (4.93%, 9.3%, 13.24% and 14.22%) respectively. Spearman's correlation between income level and caries severities was not significant.

Table (4): Relation between income level and caries severity.

Income level	No.	No.&%	d 1	d 2	d 3	d 4	d 5	d 6
< 250000 / month	24	No.	2	6	25	21	23	4
< 250000 / month		%	2.47	7.41	30.86	25.93	28.4	4.93
< 500000 / month	58	No.	3	20	40	42	51	15
< 500000 / month	30	%	1.74	11.63	23.26	24.42	29.65	9.3
4 1000000 / o4h	84	No.	6	32	63	65	129	45
< 1000000 / month		%	1.76	9.41	18.53	19.12	37.94	13.24
> 1000000 / month	5 2	No.	4	28	38	37	80	31
> 1000000 / month	53	%	1.83	12.84	17.43	16.98	36.7	14.22
Spearman's correlation	COI	relation	0.800	0.800	0.400	0.400	0.800	0.800
between income level and		p	0.200	0.200	0.600	0.600	0.200	0.200
caries severity		No.	4	4	4	4	4	4

correlation is not significant; d1, d2, d3, d4. d5 and d6: caries severity

Regarding the relation between parent's education and dental caries (Table 5), for both (primary school) and (high education) groups, (d3) severity was the larger percent (43.59%) and (28.46%) respectively. While for the (secondary school) and (college) groups, (d5) severity pre-

sented in larger percent (35.42%) and (38.22%) respectively. The larger percent of (d6) severity was related to (primary school) group (15.38%), while less severity was related to (high education) group. Spearman's correlation was not significant.

Table (5): Relation between parent's education and caries severity.

Education	No.	No.&%	d 1	d 2	d 3	d 4	d 5	d 6
Primary school	7	No.	0	1	17	7	8	6
	/	%	0.0	2.56	43.59	17.95	20.52	15.38
Co con down ask asl	21	No.	2	12	32	33	51	14
Secondary school	31	%	1.39	8.33	22.22	22.92	35.42	9.72
Callaga	127	No.	10	48	82	104	193	68
College	137	%	1.98	9.5	16.24	20.59	38.22	13.74
IIiah adusatian	44	No.	3	25	35	21	31	8
High education	44	%	2.44	20.33	28.46	17.07	25.2	6.5
Spearman's correlation	coı	relation	0.800	0.800	0.800	0.400	0.400	0.400
between parent's education		p	0.200	0.200	0.200	0.600	0.600	0.600
and caries severity		No.	4	4	4	4	4	4

correlation is not significant; d1, d2, d3, d4. d5 and d6: caries severity

Table (6) shows the relation between dental attendance and caries severity. For the children who have previous dental attendance, (d3) severity presented in a higher percent (30.12%) followed by (d4) (27.8%), (d5) (20.85%), (d2) (14.29%),

(d6) (4.62%) and finally (d1) (2.32%). For the other group, (d5) severity was obvious (41.49%) followed by (d4) (16.85%), (d3) (15.94%), (d6) (15.22%), (d2) (8.87%) and finally (d1) (1.63%). Spearman's correlation was significant at 0.001 level.

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Table (6): Relation	Delween dema	LAUCHUAILCE AIRU	CALIES SEVELLIV
Tuoie (o). Itelulion	Cotti com acma	accommune and	current severity.

Attendance	No.	No.&%	d 1	d 2	d 3	d 4	d 5	d 6	
Visited a dentist	0.4	No.	6	37	78	72	54	12	
visited a dentist	84	%	3.32	14.29	30.12	27.8	20.85	4.62	
Did wat wisit	135	125	No.	9	49	88	93	229	84
Did not visit		%	1.63	8.87	15.94	16.85	41.49	15.22	
Spearman's correla-	cor	relation	1.000**	1.000**	1.000**	1.000**	1.000**	1.000**	
tion between dental attendance and caries		p	0.000	0.000	0.000	0.000	0.000	0.000	
severity		No.	2	2	2	2	2	2	

^{**} correlation is significant at the 0.01 level; d1, d2, d3, d4. d5 and d6: caries severity

About the relation between the cause of dental attendance and caries severity (table 7), for the group (Pain / Treatment), (d4) severity was the larger percent (32.14%) with a small percent of (d1) (1.79%). For the (Prevention) group, there was no (d6) severity; the larger percent

was (d2) (47.83%). For (Restoration) group, (d3) severity was the larger percent (37.31%). For (Extraction) group, there was no (d1) severity; the larger percent was (d4) (35.09%). Spearman's correlation was not significant.

Table (7): Relation between causes of dental attendance and caries severity.

Causes of attendance	No.	No.& %	d 1	d 2	d 3	d 4	d 5	d 6
Doin / tweetment	33	No.	2	10	34	36	27	3
Pain / treatment		%	1.79	8.93	30.36	32.14	24.11	2.67
Prevention	12	No.	1	11	7	3	1	0
Prevention	12	%	4.35	47.83	30.43	13.04	4.35	0.0
Dogtonotion	23	No.	3	9	25	13	12	5
Restoration	23	%	4.48	13.43	37.31	19.4	17.91	7.47
Extraction	1.0	No.	0	7	12	20	14	4
Extraction	16	%	0.0	12.28	21.05	35.09	24.56	7.02
Spearman's correlation between attendance causes and caries se-	corr	correlation		0.800	0.400	0.200	0.200	0.600
		p	0.600	0.200	0.600	0.800	0.800	0.400
verity]	No.	4	4	4	4	4	4

Correlation is not significant; d1, d2, d3, d4. d5 and d6: caries severity

Table (8) shows the relation between tooth brushing practice and dental caries severity. For the children who did not brush their teeth, (d5) severity was presented in larger percent (41.95%) followed by (d4) (20.25%), (d3) (15.73%), (d6) (14.11%), (d2) (6.87%) and finally (d1) (1.09%). For the other group, (d3) severity was presented in a larger percent (30.62%) followed by (d4) (20.54%), (d5) (19.77%), (d2) (18.6%), (d6) (6.98%) and finally (d1) (3.49%). Spearman's correla-

tion was significant at (0.001) level with (d1) and (d2) but not significant with the other severities. About the frequency of teeth brushing, for all the three groups, (d3) severity was presented in a large percent and was increased from (infrequent brushing) (27.89%) to (once daily) (37.74%) and to (twice daily) (40%). While (d6) severity was reduced from (infrequently) (8.43%) to (once daily) (3.77%) and disappeared for (twice daily)

group. Spearman's correlation was signifi-

cant at (0.001) level.

Table (8): Relation between tooth brushing practice and caries severity.

Brushing practice	No.	No.&%	d 1	d 2	d 3	d 4	d 5	d 6
Do not brush	122	No.	6	38	87	112	232	78
Do not brush	122	%	1.09	6.87	15.73	20.25	41.95	14.11
Brush	07	No.	9	48	79	53	51	18
Drusii	97	%	3.49	18.6	30.62	20.54	19.77	6.98
I	60	No.	5	32	53	41	43	16
Infrequently	68	%	2.63	16.84	27.89	21.58	22.63	8.43
0 1 1	22	No.	3	12	20	9	7	2
Once daily	22	%	5.66	22.64	37.74	16.98	13.21	3.77
Twice daily	7	No.	1	4	6	3	1	0
and more	7	%	6.67	26.66	40	20	6.67	0.0
Spearman's correla-	cor	relation	1.000**	1.000**	-1.000	-1.000	-1.000	-1.000
tion between brushing practice and ca-		p	0.00	0.00	1.000	1.000	1.000	1.000
ries severity		No.	2	2	2	2	2	2
Spearman's correla- tion between brush-	cor	relation	1.000**	1.000**	1.000**	1.000**	1.000**	1.000**
ing frequency and		p	0.00	0.00	0.00	0.00	0.00	0.00
caries severity		No.	3	3	3	3	3	3

^{**} correlation is significant at the 0.01 level; d1, d2, d3, d4. d5 and d6: caries severity

The distribution of decayed, missing and filled teeth and caries free children according to age and gender were showed in table (9) and figure (2). The dmft value was clearly increased by increasing the age for both males and females (3-4y, δ): 2.42%, 3-4y, 9: 2.11%, 4-5y, 6: 4.12%, 4-5y, \bigcirc : 4.22%, 5-6y, \bigcirc : 5.27%, 5-6y, \bigcirc : 5%). Decayed teeth were formed the major component of dmft index for all the three age groups. The percentage of decayed teeth were larger for the age group (3-4y) (93.75% for males and 94.55% for females) followed by age group (5-6y) (91.7% for males and 91.58% for females), and then the age group (4-5y) (90.06% for males and 89.86% for females). A small percentage of the decayed teeth were treated by restoration of any

type (between 5%-8.11%). The percentage of filled teeth for the age group (4-5y) was larger than the other two groups for both genders. The percentages of filled teeth were slightly larger for females than the males. While extracted teeth were increased by increasing the age and the percentage for males were slightly larger than for females except for age group (5-6y), the percentages were equal. The percentages of caries free teeth were reduced by increasing the age from (30.3%) for age group (3-4y) males to (18.42%) for age group (5-6y) females. Spearman's correlation between age and (dmft, decayed and missing) was significant at 0.01 level, but not significant with (filling and caries free). Spearman's correlation with the gender was not significant.

Table (9). Distribution of decayed missing and filled teeth

	Table (9): Distribution of decayed, missing and filled teeth.											
Sex	No.	No.&%	dmft	decayed	missing	filled	Caries free					
molo	22	No.	80	75	1	4	10					
marc	33	%	2.42	93.75	1.25	5	30.3					
famala	26	No.	55	52	0	3	8					
Temale	20	%	2.11	94.55	0.0	5.45	30.77					
total	50	No.	135	127	1	7	18					
totai	39	%	2.29	94.07	0.74	5.19	30.5					
mala	30	No.	161	145	4	12	11					
mare	39	%	4.12	90.06	2.48	7.46	28.21					
famala	25	No.	148	133	3	12	10					
Temale	33	%	4.22	89.86	2.03	8.11	28.57					
total	74	No.	309	278	7	24	21					
total	/4	%	4.17	89.97	2.26	7.77	28.38					
mala	10	No.	253	232	8	13	12					
mare	40	%	5.27	91.7	3.16	5.14	25					
famala	20	No.	190	174	6	10	7					
Temale	36	%	5	91.58	3.16	5.26	18.42					
40401	96	No.	443	406	14	23	19					
totai	80	%	5.15	91.65	3.16	5.19	22.09					
	cor	relation	0.956**	0.956**	0.956**	0.728	0.182					
correlation age		P	0.003	0.003	0.003	0.101	0.730					
with age		No.	6	6	6	6	6					
	Cor	relation	-0.293	-0.293	-0.293	0.396	-0.792					
correlation gender		P	0.573	0.573	0.573	0.437	0.060					
with gender		No.	6	6	6	6	6					
	male female total male total male total correlation age	male 33 female 26 total 59 male 39 female 35 total 74 male 48 female 38 total 86 correlation age Correlation	male 33 No. female 26 No. total 59 No. male 39 No. female 35 No. total 74 No. total 74 No. male 48 No. female 38 No. female 38 No. female 38 No. correlation age 86 No. Correlation ender 9	male 33 No. 80 female 26 No. 55 female 39 No. 135 total 39 No. 161 male 39 No. 148 female 35 No. 148 female 35 No. 309 total 74 No. 309 Mo. 253 No. 253 No. 253 No. 190 female 38 No. 190 female 38 No. 443 total 86 No. 443 total 86 No. 443 correlation age P 0.003 No. 6 Correlation gender P 0.573	male 33 No. 80 75 female 26 % 2.42 93.75 female 26 % 2.11 94.55 total 59 No. 135 127 male 39 No. 161 145 male 39 No. 148 133 female 35 No. 148 133 total 74 No. 309 278 No. 309 278 278 No. 253 232 male 48 No. 253 232 male 38 No. 190 174 female 9 5.15 91.65 female	male 33 No. 80 75 1 female 26 No. 55 52 0 total 59 No. 135 127 1 male 39 No. 161 145 4 male 39 No. 161 145 4 female 35 No. 148 133 3 female 35 No. 148 133 3 total 74 No. 309 278 7 total 74 % 4.17 89.97 2.26 male 48 % 5.27 91.7 3.16 female 38 No. 190 174 6 female 38 No. 190 174 6 female 38 No. 190 174 6 female 86 No. 443 406 14	male 33 No. 80 75 1 4 female 26 No. 55 52 0 3 total 59 No. 135 127 1 7 male 39 No. 161 145 4 12 male 39 No. 161 145 4 12 female 35 No. 148 133 3 12 female 35 No. 148 133 3 12 female 35 No. 148 133 3 12 total 74 No. 309 278 7 24 male 48 No. 253 232 8 13 male 48 % 5.27 91.7 3.16 5.14 female 38 No. 190 174 6 10 female 86 No.					

^{**} correlation is significant at the 0.01 level

dmft: decayed, missing and filled teeth

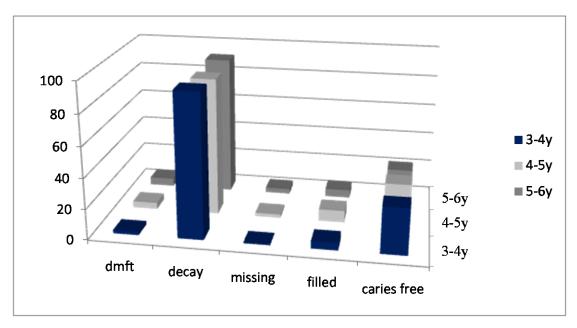


Figure (2): Distribution of decayed, missing and filled teeth and caries free children. dmft: decayed, missing and filled teeth

DISCUSSION

This study demonstrated early initiation of tooth decay in preschool children confirming previous observations (9-11) and this increase by increasing the age from 3 to 6 years due to accumulative nature of carious process, which is agreed with other studies. (12,13) The other usual observation obtained, is that the mean dmft for boys is greater than for girls which is also agreed with many studies. (13-16) This is due to the fact that females care with their health and appearance more than males even at small ages. Regarding the component of dmft index, it is normally to find a marked influence of d component compared with m and f, because decay starts at this age and remains untreated until the child reaches a larger age. Younger children present more behavioral problems in dental clinics and this could be the reason why the number of filled teeth in these children was lower compared to the older group. In the same way, caries severity increase by increasing age and without sufficient necessary filling result in tooth extraction at older age. This is agreed with other studies. (9, 15, 17)

Studies in many parts of the worlds have consistently recorded that parents' income level and education are strongly associated with dental caries prevalence in children. (7, 11, 12, 18) Studies (11,16,18) found that increasing parents' education and in-

come level are associated with decreasing caries severity. In this study, children of parents with high income level had more (d6) caries severity than the other groups, this may due to a large amount of refined sugary food and confectionary or that their parents were busy with work and have no enough time to take their children to dental clinic to have their teeth restored. The income of many people has increased greatly within a short time interval and their life styles and value systems may well have altered radically in consequence.

Regarding dental attendance, it is not unusual to find that children who did not attend a dental treatment were presented with more caries severity. Here, we can clearly detect the effect of early attendance to check for initial stages of carious process, and the superior influence of preventive measures over all the other treatments. As we observed, the children who had previous attendance for preventive measures had zero (d6) severity and small percent of (d5) severity.

A cost-effective and scientifically supported way of caries prevention is to encourage parents to brush the teeth of their children using fluoride tooth paste twice daily, starting at an early age. Tooth brushing by parents can remove dental plaque more effectively and such children are more likely to be caries free than those who brush by themselves.

The value of mean dmft that is obtained when compared with that from other Iraqi studies, the results were different, For example: (1.96) (19) and (3.79) (20) at age 6 years and (2.63) (21) and (6.82) (22) at age 4-6 years. For other countries: (5.7) at age 6 years in Ukraine, (23) (2.9) at age 3-4 years in Brazil, (18) (3.5) at 3 years and (4.8) at 5 years in Canada, (13) (1.4) at age 4-6 years in North Brisbane-Australia, (4.03) at age 6 years in Al-Ahsaa, Saudi Arabia (14) and (7.34) at 6-7 years in Riyadh, Saudi Arabia. (24)

The percentages of caries free children were low and continue to decrease by increasing the age, which in turn associated with increasing dmft value. The percentages of caries free children in other Iraqi studies were different. Example: (25.8%) and (16.66%)⁽²⁰⁾ at age 6 years, and (13.75%)⁽²¹⁾ and (16.87%)⁽²²⁾ at age 4-6 years. For other countries: (5.4%) in Brazil, (17.2%) in Thailand, (5%-6%) in Riyadh, and (66.3%) in North Brisbane. (16)

CONCLUSIONS

The study has provided useful baseline data for future comparisons. Furthermore, the caries prevalence and severity information would assist in the determination of treatment needs and preventive efforts required in this population. The knowledge of caries pattern would help clinicians in the formulation of appropriate treatment strategies. It could be deduced from the above results and discussion that considerable efforts are required in prevention of dental caries in these children. There is a lot of untreated caries, which needs immediate attention. It is proposed that a school dental service may be initiated in the area. The service could serve dual purpose in the area i.e. provision of preventive dental services and restorative care to children.

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