

## Profile of *Pseudomonas aeruginosa* in burn infection and their antibiogram study

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### ABSTRACT

**Objectives:** 1- To evaluate the incidence of *Pseudomonas aeruginosa* bacterial pathogens in burn patients. 2- To determine the antibiogram profile of *Pseudomonas aeruginosa* to selected antibacterial agents. 3- To assist their production of  $\beta$ -lactamases.

**Patients and methods:** This study enrolled 90 burned patients including 63 (70%) females and 27 (30%) males. Pus and wound swabs were collected aseptically from these patients and assessed microbiologically. The isolates of *P. aeruginosa* were tested for their susceptibility to 10 selected antimicrobial agents, and evaluated for  $\beta$ -lactamases using iodometric and double disk approximation methods.

**Results:** Out of the 90 studied patients with second and third degree burns, 60 (66.7%) yielded positive bacterial growth, while 30 (33.3%) were culture negative. From the total 105 bacterial isolates 88 (83.8%) were gram negative and the remaining 17 (16.2%) were gram positive. The predominant microorganism was *P. aeruginosa* (50%), whereas the least isolated one was *Proteus* (3.3%). The antibiogram study of *P. aeruginosa* showed that the least resistance was against piperacillin, while the highest resistance was noted in cases of carbencillin and cefoxitin. Multidrug resistance (MDR) *P. aeruginosa* formed 44.4% of the total isolates of *P. aeruginosa* and they had statistical association with ceftriaxone, meropenem, ceftazidime and amikacin consumption. Ninety percent of *P. aeruginosa* were  $\beta$ -lactamases producer and 10 % of them produced the inducible  $\beta$ -lactamases.

**Conclusion:** The bacteria isolated from Burn Units are the best examples for the study of pathogenic bacterial species, specially *Pseudomonas aeruginosa*, other enteric bacilli and *Staph. aureus* which frequently responsible for human colonization. Also, *Pseudomonas aeruginosa* and other gram negative bacilli are frequently associated with nosocomial burn infection. Furthermore, most isolates of *P. aeruginosa* from Burn Units are  $\beta$ -lactamases producers and most of these isolates were MDR *Pseudomonas aeruginosa*.

### الخلاصة

**الأهداف:** تقييم دور الزوائف الزراقية والجراثيم الممرضة الأخرى في مرضى الحروق. وكذلك تعيين حساسية جراثيم الزوائف الزراقية المعزولة لبعض المضادات الحيوية المختارة، بالإضافة إلى تحديد إنتاج العزلات المذكورة لإنزيم البيتا لاكتاميز.

**المرضى والطريقة:** هذه الدراسة شملت 90 من مرضى الحروق، كان عدد الإناث 63 (70%)، بينما كان عدد الذكور 27 (30%). أخذت نماذج المسحات من الجروح وكذلك القيح، ودرست من الناحية الجرثومية. وأيضاً تم قياس مدى حساسية جراثيم الزوائف الزراقية المعزولة لـ (10) أنواع من المضادات الحيوية، وكذلك تحديد أنواع إنزيمات البيتا لاكتاميز المنتجة من قبلها باستخدام الطريقة البيودية وطريقة تقريب القرص الثنائي.

**النتائج:** من بين المرضى التسعين المشمولين بهذه الدراسة والمصابين بالحروق من الدرجة الثانية والثالثة، تبين أن ٦٠ منهم (٦٦,٧%) أظهروا نتيجة زرع ايجابية، بينما كانت النتيجة سلبية في الباقيين. من مجموع ١٠٥ عزلة جرثومية شكلت العصيات السالبة لصبغة كرام ٨٨ (٨٣,٨%) وكانت نسبة الجراثيم الموجبة لصبغة كرام ١٧ (١٦,٢%).

الزوائف الزراقية كانت الجرثومة السائدة (٥٠%) بينما اقل جرثومة معزولة كانت المتقلبات (٣,٣%). أظهرت دراسة حساسية الزوائف الزراقية للمضادات البكتيرية أن أقل مقاومة كانت ضد مضاد البيراسلين، بينما أعلى مقاومة لوحظت ضد السيوفوكستين والكاربنسلين. الزوائف الزراقية المقاومة لعدة مضادات حيوية كونت ٤٤,٤% من مجموع العزلات وكان لها علاقة إحصائية مع استخدام السيفترايكون والميروبيديم والاميكاسين. كونت الزوائف الزراقية المولدة لإنزيم البيتا لاكتاميز ٩٠%، وكان ١٠% منها مولدة لإنزيم البيتا لاكتاميز المحرض.

**الاستنتاج:** الجراثيم المعزولة من وحدات الحروق هي أحسن مثال لدراسة أنواع الجراثيم الممرضة، خاصة الزوائف الزراقية والجراثيم المعوية العسوية الأخرى والجراثيم العنقودية، وهي المسؤولة بصورة متكررة عن تكوين المستعمرات الجرثومية في الإنسان. كان هناك ترابط كبير بين وجود الزوائف الزراقية وخصم الحروق المكتسب من المستشفى. علاوة على ذلك معظم عزلات الزوائف الزراقية من وحدات الحروق كانت مولدة لإنزيم البيتا لاكتاميز ومعظمها كانت مقاومة لأكثر من نوع من المضادات الجرثومية.

The skin forms a protective barrier against invasion by bacteria, fungi and viruses. Any breach in this barrier provides easy access for microbial invasion. In spite of the enormous advances in medicine and specific treatment of burns, infection continues to pose the greatest danger to burn patients<sup>(1)</sup>. Following the initial period of shock, sepsis is the major complication in burns<sup>(2)</sup> and it has been estimated that about 75% of the mortality associated with burn injuries is related to sepsis specially in developing countries<sup>(3)</sup>. In addition, overcrowding in burn units is an important cause of cross-infection<sup>(4)</sup>. Gram positive bacteria from hair follicles and sweat glands colonize the wound within 48 hours of injury<sup>(5)</sup>.

Burn infections are caused by both gram positive and gram negative microorganisms, currently the common pathogens isolated from burn patients are *Pseudomonas aeruginosa*, *Staphylococcus aureus*,  $\beta$ -haemolytic streptococci, *Escherichia coli*, *Klebsiella* species and various coliform bacilli. Fungi like *Candida albicans* and *Aspergillus* species are also associated with burn infections<sup>(6)</sup>. *P. aeruginosa* is a gram negative opportunistic pathogen found along with other *Pseudomonas* species as part of the normal flora of human skin<sup>(7)</sup>. It rarely causes infection in healthy individuals, although it is responsible for serious infections in

immunocompromised hosts<sup>(8)</sup>, such as those with severe burn wounds<sup>(9)</sup>, cystic fibrosis patients, cancer patients, and patients with HIV infection<sup>(10)</sup>. Burn causes a breach in the protective skin barrier which suppresses immune system, rendering the patient highly susceptible to infection by *P. aeruginosa* which then easily colonizes and infects the burn wound<sup>(11)</sup>.

The burn wound is rarely an important health problem, but its infection results in severe complications in patients who sustained burns<sup>(12)</sup>. Infection of burn wounds with *P. aeruginosa* which disseminates into distant organs via blood stream often leads to bacteremia, endotoxic shock and sepsis<sup>(13)</sup>.

The mortality rate in burn patients who developed septicaemia was greater than 75%<sup>(14)</sup>. Multidrug resistant bacteria (MDR) have been frequently reported as the cause of nosocomial outbreaks of infections in Burn Units or as wound colonizers in burn patients<sup>(15)</sup>. Multidrug resistant strains of *P. aeruginosa* (resistant to at least three of the following antimicrobials cefotaxime, imipenem, gentamicin and ciprofloxacin) are often isolated among patients suffering from nosocomial infections<sup>(16)</sup>. One of the greatest sources for this resistance is the production of  $\beta$ -lactamase. The chromosomally encoded  $\beta$ -lactamases of *Pseudomonas* spp. are serine based Ambler class C enzymes (AmpC)

whose expression is often strictly repressed. The enzyme production can be induced to a high level of expression yielding sufficient enzyme to confer resistance<sup>(17)</sup>. Therefore  $\beta$ -lactamase detection and identification is valuable<sup>(18)</sup>.

Oral antibiotics are generally ineffective against most serious skin and soft tissue *P. aeruginosa* infections<sup>(14)</sup>. Treatment of such infections is confounded by the innate and acquired resistance of *P. aeruginosa* to many antibacterial agents<sup>(19)</sup>. Hence the development of new therapeutic and prophylactic agents for the control of bacterial infection in patients with burn wounds is mandatory. An alternative to antibiotic therapy is phage therapy which involves the use of bacterial viruses to target bacterial infections<sup>(20)</sup>.

### Aims of the study

The aims of the current study are to evaluate the incidence of *P. aeruginosa* and bacterial pathogens isolated from burn patients at the Burn Unit in Al-Jumhori Teaching Hospital in Mosul City. Also, to determine the antibiogram profile of the isolated *P. aeruginosa* to some selected antibacterial agents and to evaluate their production of  $\beta$ -lactamases. This will help to assess the burden of infections at Burn Unit and to formulate antibiotic policy for better management of burn patients.

### Patients and methods

This study was approved by the Scientific Research Committee at the College of Medicine, University of Mosul. Formal consent taken from all patients after clear explanation.

#### Patients

This is a prospective study based in the Burn Unit in Al-Jumhori Teaching Hospital in Mosul-Iraq, and the Department of Microbiology, College of Medicine, University of Mosul. The study was conducted during the period from October 2009 to May 2010.

This study enrolled 90 patients admitted to the Burn Unit of whom 27 (30%) were males and 63 (70%) were females (figure 1). The male to female ratio was (1:2.3). The age of the patients ranged from 1-52 (18  $\pm$ 2SD) years.

Regarding the degree of burn, 21 patients were with second degree burn and 69 patients were with third degree burn.

A history of age, sex, cause, duration at time of study, site, extent of the burn, and the use of antibiotics was taken. None of the patients included in this study had any signs and symptoms of urinary tract infection, blood stream infection, and wound infection based on NNIS system criteria within the first 48 hours after admission.

### Microbiological methods

Clinical specimens used in the current study were pus and wound swabs which were collected aseptically from the patients after bathing on the third day after admission. The specimens were inoculated directly onto 5% sheep blood agar, nutrient agar and MacConkey's agar which were incubated at 37°C for 24 hours, with further 48 hours incubation if there is no growth. Identification of the isolates was relied upon their colonial morphology, gram reaction and standard biochemical tests<sup>(21)</sup>. Further confirmative diagnostic tests for *P. aeruginosa* were attempted including growth at 42°C in brain heart infusion, oxidase test, motility test, oxidative-fermentation test for carbohydrate and pigment production.

Pure cultures of the isolates were prepared for further identification and antibiogram study. The isolates were tested for their sensitivity to 10 selected antibiotics which were piperacillin 100 mcg, norfloxacin 10 mcg, ciprofloxacin 5mcg, gentamicin 10 mcg, tobramycin 10mcg, ceftriaxone 30 mcg, ticarcillin 75mcg, cefotaxime 10 mcg, cefoxitin 30 mcg, and carbencillin 100 mcg (Bioanalyse, UK) on Mueller-Hinton (Oxoid UK) using the standard disc diffusion method following NCCLS recommendations<sup>(22)</sup>.

*P. aeruginosa* isolates were also tested for their ability to produce  $\beta$ -lactamases enzymes using the rapid iodometric method and they were tested for the production of Amp C inducible  $\beta$ -lactamase by double disc approximation test. In this test, plates were inoculated and cefotaxime 30 mcg and cefoxitin 30 mcg discs were placed 20 mm apart. B-lactamase inducibility is recognized by

blunting of the cefotaxime zone adjacent to the cefoxitin disc<sup>(17)</sup>.

The iodometric test: using benzylpenicillin in phosphate buffer and bacterial growth from agar is suspended heavily in them. After the addition of starch and iodine, B-lactamase activity is demonstrated by decolorization of iodine within 5 minutes<sup>(17)</sup>.

### Statistical analysis

Z two proportional test was used to evaluate the relationship between the administration of different antibiotics and the isolation of MDR *Pseudomonas aeruginosa*.

### Results

Among the examined 90 patients with 2<sup>nd</sup> and 3<sup>rd</sup> degree burns, 60 (66.7%) of them yielded a positive bacterial growth while 30 (33.3%) showed a negative growth. Out of the 60 positive cases, pure culture isolation was recovered in 34 (56.7%), while mixed growth was seen in 26 (43.3%). A total of 105 bacterial isolates were detected, most of them 88 (83.8%) were gram negative and the remaining 17 (16.2%) were gram positive (figure 2). The predominant microorganism was *P. aeruginosa* (50%), followed by *Klebsiella pneumoniae* (26.7%), *Staph. aureus* (11.1%), *E. coli* (10%), while *Acinetobacter* and *Staph. epidermidis* were recovered in similar rate (7.8%). The least isolated microorganism was *Proteus* (3.3%), as shown in table 1.

Concerning the relation between the depth of burn and the development of sepsis, from the 21 patients with second degree burns 57.1% were infected. Whereas from the 60 patient with third degree burns, the incidence increased to 69.6%. Such result reflects the importance of burn depth in development of infection.

The antibiogram profile of the isolated *P. aeruginosa* was determined against a panel of antimicrobial agents. Piperacillin showed the lowest resistance rate (60%), while the highest resistance was detected against carbencillin and cefoxitin and reached to 96% of the total isolates (table 2).

In the current study, distribution of  $\beta$  - lactamases in the isolates of *P. aeruginosa*

was 90%. The Amp C inducible  $\beta$ -lactamase was further investigated and it was found in 10% of the total isolated *P. aeruginosa*. All *P. aeruginosa* isolates that produce inducible  $\beta$  - lactamase were MDR *Pseudomonas*. MDR *Pseudomonas* in this study formed 20/45 (44.4%) of the isolated *P. aeruginosa* strains. Using two proportional Z test the relation between MDR *P. aeruginosa* and antibiotic administration was also analyzed. The statistical analysis revealed that there was a significant statistical association between MDR *P. aeruginosa* and the consumption of ceftriaxone ( $P \leq 0.006$ ), meropenem ( $P \leq 0.042$ ), ceftazidime ( $P \leq 0.001$ ) and amikacin ( $P \leq 0.014$ ), while the intake of other antimicrobial agents was statistically not significant.

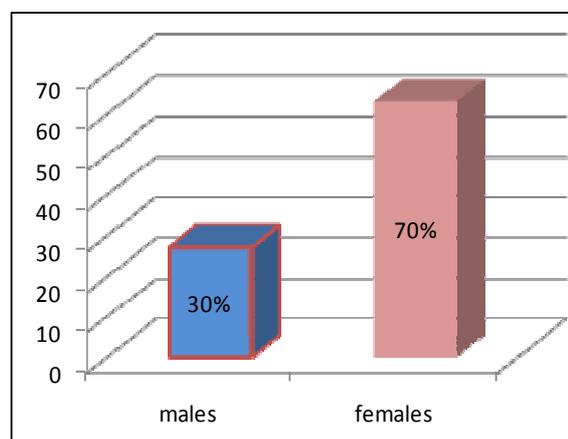


Figure (1): Sex distribution of cases.

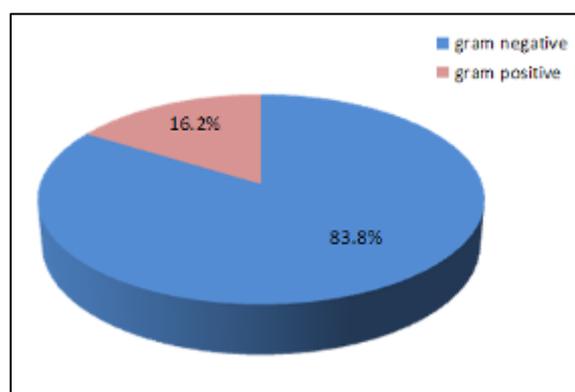


Figure (2): Percentage of gram negative and gram positive isolates from burned patients.

Table (1): Isolated microorganisms in burn infection.

Type of bacteria	No. of isolates	% from total patients	%from culture positive
<i>P. aeruginosa</i>	45	50	75
<i>Klebsiella pneumoniae</i>	24	26.7	40
<i>Staph. aureus</i>	10	11.1	16.7
<i>E. coli</i>	9	10	15
<i>Staph. epidermidis</i>	7	7.8	11.7
<i>Acinetobacter</i>	7	7.8	11.7
<i>Proteus</i>	3	3.3	5
Total	105		

Table (2): Resistance of *Pseudomonas aeruginosa* isolates to antibiotics.

Antibiotics	Conc.	% of Resistance
Piperacillin	100 mcg	60
Norfloxacin	10 mcg	73.3
Ciprofloxacin	5 mcg	80
Gentamicin	10 mcg	86.7
Tobramycin	10 mcg	86.7
Ceftriaxone	30 mcg	91.1
Ticarcillin	75 mcg	93.4
Cefotaxime	10 mcg	93.4
Cefoxitin	30 mcg	96
Carbencillin	100 mcg	96

Table (3): Multidrug resistant *Pseudomonas* and antibiotic intake.

Type of antibiotic	No. of patients on antibiotics	No. of patients showed pseudomonas growth(%)	No. of MDR <i>Pseudomonas</i> (%)	% of MDR pseudomonas in patients using these antibiotics	P value*
Ampicillin + cloxacillin	38	16(42.1)	13(34.2)	81.25	0.477
Ceftriaxone	21	12(57.1)	4(19.04)	33.3	0.006
Meropenem	6	4(66.7)	1(16.7)	25	0.042
Ciprofloxacin	6	2(33.3)	0(0)	0	0.083
Cefotaxime	6	4(66.7)	2(33.3)	50	0.221
Ceftazidime	4	3(75)	0(0)	0	0.001
Amikacin	3	2(66.7)	0(0)	0	0.014
Piperacillin	5	2(40)	0(0)	0	0.016
Total	90	45(50)	20(22.2)	44.4%	

\*P value: Z two proportion test.

## Discussion

Despite significant improvement in the survival of burn patients, infection complications continue to be the major cause of morbidity and mortality<sup>(21)</sup>. Though control of invasive bacterial burn wound infection, strict isolation techniques and infection control policies have enormously minimized the occurrence of burn wound infection<sup>(22)</sup>. The current study showed a high prevalence of bacterial infections among burned patients which was in agreement with the result of other investigators<sup>(23)</sup>, but in contrast to another study<sup>(24)</sup>. In the

present work burn wound swab and pus yielded positive bacterial growth in 66.7% of examined cases which was similar to the observation of other workers<sup>(25,26,27)</sup>. Solitary isolates were found in 56.7% of the studied cases which was in accordance with the result reported by Daher et al., who obtained pure culture isolation in 58.7% of their patients<sup>(25)</sup>, while a higher isolation rate (89.3%) was reported by Demarco and Santo<sup>(27)</sup>.

Different types of gram positive and gram negative microorganisms were detected in the current study of which gram negative bacteria

constituted (83.8%), and gram positive ones were (16.2%). This finding goes with that of Kehinde et al., who mentioned that gram negative bacteria constituted (72%) of their isolates<sup>(26)</sup>. However, other investigators reported lower isolation rates which ranged between 33-51.1%<sup>(25,27,28)</sup>. Furthermore, the frequency of hospital infection by gram negative enteric bacilli specially *P. aeruginosa* has been increased during the last decade. Other studies described *P. aeruginosa* as the common cause of nosocomial burn infection<sup>(29)</sup>. In the current study *P. aeruginosa* was proved to be the major cause in burn patients which constituted 50% of the total isolates and found in 75% of culture positive cases. This result was in concinnity with the findings of Song et al., who reported a percentage of (50%)<sup>(28)</sup>. However, other studies reported a lower prevalence of *P. aeruginosa* in burn infections<sup>(25,29,30)</sup>, while Mansour and Enayat reported a higher isolation rate (68.3%)<sup>(31)</sup>. The second most frequent organism recovered in this work was *Klebsiella pneumoniae* (26.7%), which agrees with the result obtained by Kehinde et al., (34,3%), and in contrast with that reported by others<sup>(32)</sup> who mentioned that *Proteus* was ranked in the second place. One study<sup>(32)</sup> reported that *Staph. auerus* was the commonest microorganism associated with burn injuries which was in contrast to the present result where *Staph. auerus* came in the third place (11.1%) after *P. aeruginosa* and *Klebsiella*. In addition *E. coli* recovered from 10 %of the total cases and this rate was similar to that detected by Daher et al.,<sup>(28)</sup>. The bacterium *Acintobacter* was isolated from 7.8% of the examined patients which was a lower percentage compared to that obtained by others (13.4%)<sup>(28)</sup>.

The difference in prevalence of bacterial isolates may be attributed to the environmental condition of a specific area and contamination of the burn units.

Due to the increased resistance to various antibiotics and cross infection in the hospital environment there is clear change in the bacterial spectrum. Before few decades the predominant bacteria was *Streptococcus*

which then followed by *Staph. aureus*, but with the frequent use of topical antibiotics, fungi and viruses become more prevalent. Also, due to the introduction of a wide range of antibiotics, resistant gram negative bacteria become more prevalent. This increased resistance to various antibiotics poses a challenge to Burn Care Units because it reduces the effectiveness of treatment and may increases morbidity and mortality.

In the present work antibiogram study of the isolates revealed that most *P. aeruginosa* isolates were resistant to the antibiotics in common use such as gentamicin, ciprofloxacin and ceftriaxon which are being indiscriminately prescribed as empirical treatment for long time. This high resistance to the above mentioned antibiotics was also noticed by other investigators<sup>(16,25)</sup>. Also, resistance to tobramycin was high (86.7%) and this findings goes with that of Strateva et al.<sup>(16)</sup>.

In this study the most effective agent against *P. aeruginosa* was piperacillin which yielded the least resistance percentage (60%). This could be explained on the basis that piperacillin is not commonly prescribed against *Pseudomonas* infection in this locality. However, higher resistance to this drug (86.2%) was reported by other investigators<sup>(16)</sup> where the use of this antibiotic is more frequent in their locality.

Actually the MDR *P. aeruginosa* is a major problem at the mean time. In the current work, it constituted 44.4% out of the total recovered *P. aeruginosa*, and this finding was in agreement with Strateva et al., (49.8%)<sup>(16)</sup> although it was higher than that reported by other workers<sup>(33)</sup>. Also, the association between MDR *P. aeruginosaa* and antimicrobial consumption was analyzed in this study. The statistically significant association was found to be with ceftriaxone, meropenem, ceftazidime and amikacin administration which was in contrast to the study performed by Messadi et al., who found the significant association was with the use of ciprofloxacin<sup>(34)</sup>. This discrepancy in the results may be due to the difference of antibiotics use in different localities.

Production of the enzymes  $\beta$ -lactamases is the mechanism by which *Pseudomonas* resists antibiotics. In the current study, *P. aeruginosa* isolates were tested for  $\beta$ -lactamases production using the iodometric method and it was found that 90% of them showed a positive result, which was in concinnity with that reported by another study <sup>(30)</sup>, Moreover, AmpC inducible  $\beta$ -lactamase production was detected using the disk approximation test and it was found in only 10% of the total isolated *P. aeruginosa*. This rate was lower than that determined by other researchers <sup>(16)</sup>, but closely similar to that found by Supriya et al., (7%) <sup>(35)</sup>. Furthermore, inducible  $\beta$ -lactamase producers were MDR, this result reflects the role of inducible  $\beta$ -lactamase in antibiotic resistance.

This increasing rate of MDR may be attributed to the subinhibitory concentration of antibiotics in vivo due to the administration of an inappropriate dosage of  $\beta$  lactam antibiotics, or the regular administration of aminoglycosides in combination with  $\beta$  lactam drugs which provide optimal conditions for persistence of MDR *P. aeruginosa* strains. These findings highlighted the need for further attention to disinfect inanimate hospital environment and to control contact between staff and patients in order to limit transfer of *P. aeruginosa* in Burn Units. Moreover, the use of some antimicrobial agents must be restricted due to the existence of high resistance. Also, the use of combined effective antibiotics is recommend.

In conclusion, bacteria isolated from Burn Unit's Patients are the best examples for the study of pathogenic bacterial species, specially *P. aeruginosa*, other enteric bacilli and *Staph. aureus* which are frequently responsible for human colonization. Also, *P. aeruginosa* and other gram negative bacilli are frequently associated with nosocomial burn infection. Furthermore, most isolates of *P. aeruginosa* from burn units are  $\beta$ - lactamases producers and most of these isolates were MDR *Pseudomonas aeruginosa*.

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